



MGM INSTITUTE OF HEALTH SCIENCES
(Deemed to be University) Grade 'A' Accredited by NAAC

MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1 & 2,
Sector-1, Kamothe, Navi Mumbai – 410 209.

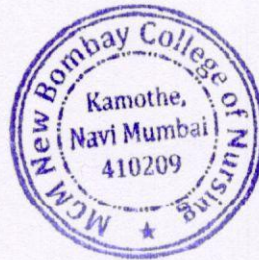
Ref No. MGM/NBCON /05/2022

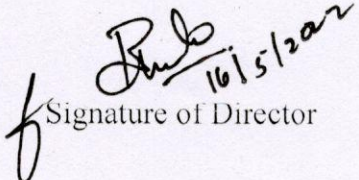
Date :-16.05.2022

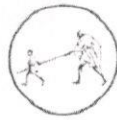
CIRCULAR

On the occasion of World Hypertension Day: Theme - “**Measure Your Blood Pressure Accurately, Control It, Live Longer**” dated 17th May 2022. The Undergraduate & Postgraduate Nursing students have organized health education and vital signs monitoring activity for patient relatives at MGM Medical College Hospital, Kamothe from 10.30 a.m. to 12.30 pm


Signature of Organizer




Signature of Director



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World Hypertension Day Report

Date -17/05/2022

Time -10.30 pm- 12.30 pm **Duration:** 2 hr.

Activity-1) Health camp on world hypertension day

Venue: 1st, 2nd, 4th, 5th, 6th Floors, MGM Hospital, Kamothe.

Name of the Organizing Faculty: Mrs. Punam Rane

Students Organizing: IInd year M.Sc. Nursing

Students Participating: IInd year P.B B.Sc. & 4th year B.Sc. Nursing

Brief of the World Hypertension Day Report:

MGM New Bombay College of Nursing has observed World Hypertension Day on 17/05/2022. The theme for World Hypertension Day is, 'Measure your blood pressure accurately, Control it, Live longer.' 2nd year P.B B.Sc. Nursing Students & 4th year B.Sc. Nursing students have performed Health Camp for patient's relative which was conducted in 1st, 2nd and 4th, 5th and 6th floor of the MGM Hospital. Blood pressure, height, weight and BMI of various patients' relative were checked and distributed the medical record card to them. Health education was given to patient's relative who had high BP. On the same date health teaching activity was conducted by 1st Year P.B B.Sc. nursing student on 6th floor where they gave health education to all patient's relative regarding diet management, exercises, importance's of regular BP measurement to control the BP.


Before conducting this program permission was obtained from the hospital authorities and they were also invited for the same. In this Health Camp Patient's relatives and nursing student's actively attended and participated. Articles were issued from the foundation of nursing lab with permission.

The programme was ended by thanking audience.

Annexure:

1. Photos : Yes




Signature of Director 24/6/2022



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Date:-16.05.2022

Academic Year 2021-2022

World Hypertension Day – 17.05.2022

Theme - "Measure Your Blood Pressure Accurately, Control It, Live Longer"


Activity plan

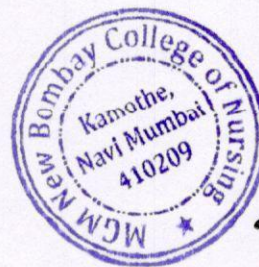
Venue: MGM Medical College Hospital, Kamothe.

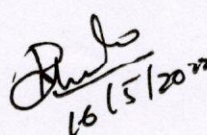
Date: 17.05.2022

Time: 10.30.p.m to 12:30. p.m.

S.No	Date	Time	Activity
1	17.05.2022	11.00 p.m to 12:30 p.m.	<ul style="list-style-type: none">➤ Measuring B.P & B.M.I. of relatives of all the patient available in the hospital campus.➤ Issuance of B.P. reading on the BP record card by college.➤ Health Teaching Activity near the passage of 6th floor of MGM Hospital, Kamothe.

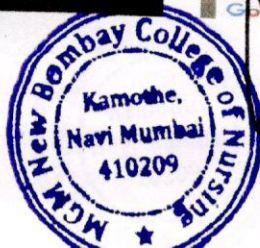
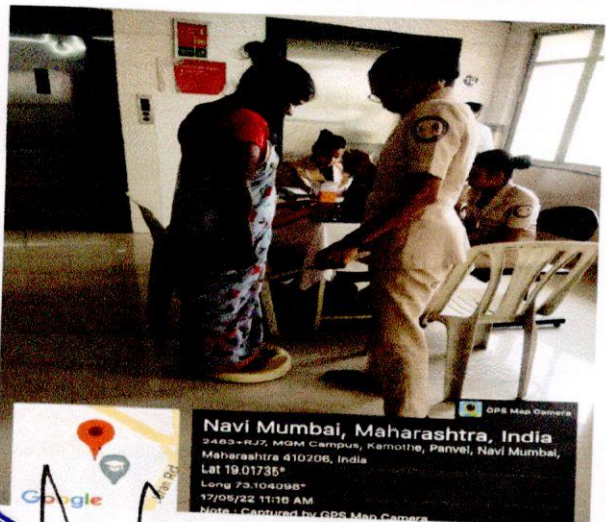
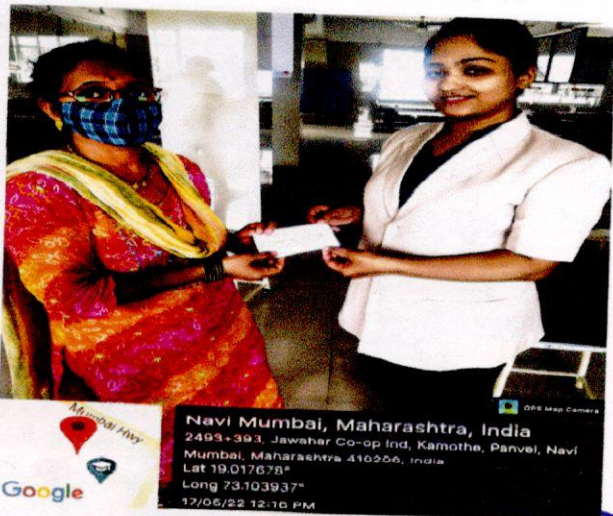
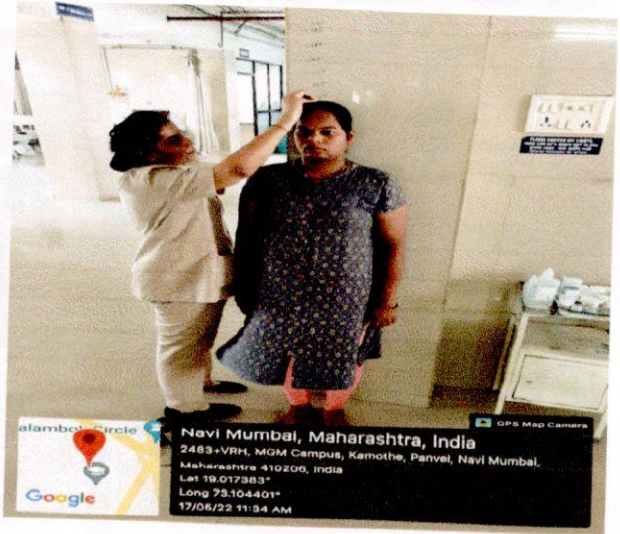
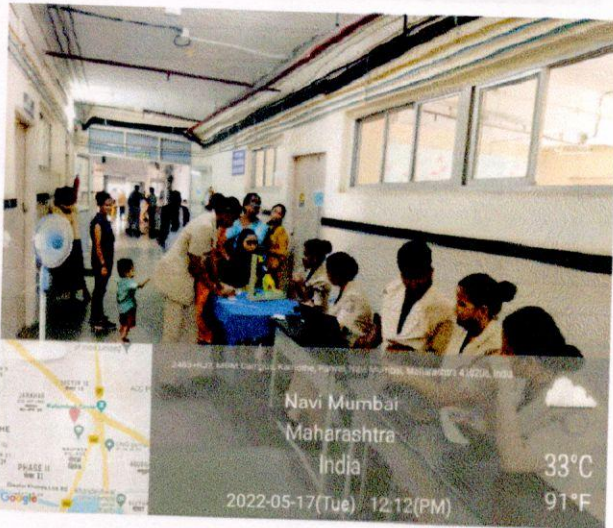
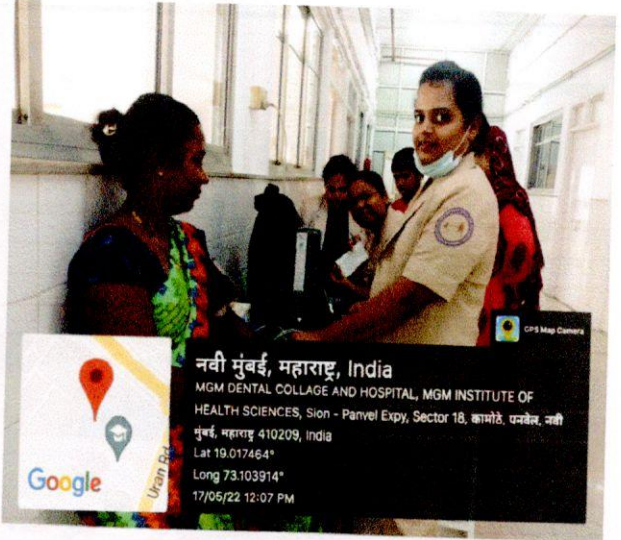
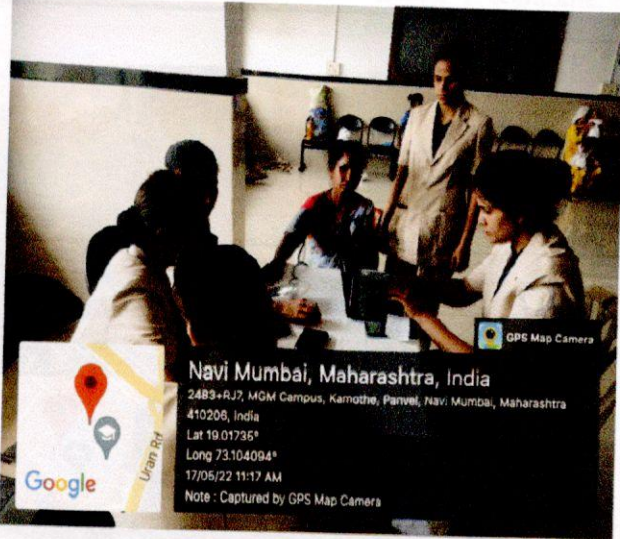

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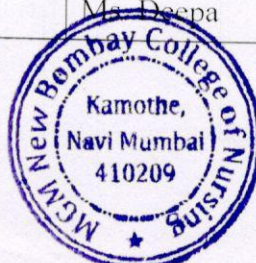
Date:-16.05.2022

Academic Year 2021-2022

World Hypertension Day – 17.05.2022

List of students

Area:	Team Leader:	Team Member:	Batch:
1 st Floor Surgical ward I& II & Female Surgical Ward	Ms. Zayeda Bano Khan Batch:2 nd Year M.Sc Nursing	Ms. Sonali Kanaskar	2 nd Year P.B.Bsc Nursing
		Ms. Sanika	
		Ms. Sonali Bhosale	1 st Year P.B.Bsc Nursing
		Ms. Divya Pathak	
		Ms. Henna	
Ms. Derlin	4 th Year B.Sc Nursing		
2 nd floor Ortho Male& Female Ward/ENT/OPD	Ms. Mahima Asharam Yadav Batch:2 nd Year M.Sc Nursing	Ms. Rutuja	2 nd Year P.B.Bsc Nursing
		Ms. Namrata	1 st Year P.B.Bsc Nursing
		Ms. Celina	
		Ms.Ashwini	
		Ms.Pranita	4 th Year B.Sc Nursing
Ms. Anju			
4 th Floor Paediatric/Psychiatric Ward	Mr. Snel Gilbert Alwaris Batch:2 nd Year M.Sc Nursing	Ms. Sayali	2 nd Year P.B.Bsc Nursing
		Mr. Raviraj	1 st Year P.B.Bsc Nursing
		Ms. Snehal	
		Ms. Triveni	
		Ms. Charushila	4 th Year B.Sc Nursing
Ms. Jenny			
5 th Floor Male Medical Ward	Ms.Arpita Baburao Khandekar	Ms. Mayank	2 nd Year P.B.Bsc Nursing
		Ms. Rupesh	1 st Year P.B.Bsc Nursing
		Ms. Kajal	
		Ms. Anjali	
		Ms. Sakshi	4 th Year B.Sc Nursing
Ms. Mariya			
6 th Floor Female Medical Ward	Batch:2 nd Year M.Sc Nursing	Ms. Kirti	1 st Year P.B.Bsc Nursing
		Mr. Junned	4 th Year B.Sc Nursing
		Mr. Vivek	
		Ms. Deepa	



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Attendance Sheet

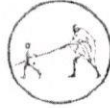
Date: 17/05/2022

Name of the Programme : World Hypertension day

Venue : MGM Hospital & Medical College

Sr. No.	Name	Signature
1.	Snehal R. Patil	
2.	Triveni S. Salunke	
3.	Kajal S. Ray	
4.	Anjali Totare	
5.	Heena Shailch.	
6.	Celina Elsa Thomas	
7.	Anitha P	
8.	Gavandi Juned Maheeb	
9.	Azish Chavan	
10.	Marian Christina Sibi	
11.	Ashwini D. Suryawanshi	
12.	Charushila V. Khair	
13.	Sonali Anil Bhosale	
14.	Saasli Mose	
15.	Dinpa Pathal	
16.	Pranita P. Patil.	
17.	Vivek U. Kamble	
18.	Priya G. Dhobale	





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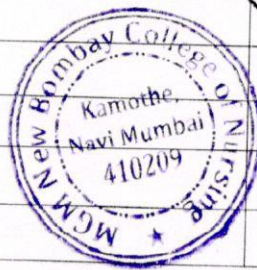
Attendance Sheet

Date: 17/05/2022

Name of the Programme : World Hypertension day

Venue : MGM Hospital & Medical College

Sr. No.	Name	Signature
01	MS. Sayali P. Acharekar	Syfy.
02		
03.	ms. Sanika M. Ithape	Smithage
04	mr. mayank dandekar	M.
05.	ms. Sonali R. Kanaskar	Kanaskar.
06	MS. Navnata Patil	NP.
07.	MR. Rupesh V. Godhan	Rupesh
08	MS. Rutuja Ganacharya	Ganacharya
09		
10	MR. Raviraj wadkar	R.



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